

BACK TO YOUR HEART

MUSIC	<i>Back To Your Heart</i>	
ARTIST	<i>Delta Goodrem. Available from iTunes.</i>	
CHOREOGRAPHERS	<i>Darren Mitchell. October 2023.</i>	
BEATS	DESCRIPTION	48 COUNT 2 WALL IMPROVER LINEDANCE (Intro: 32 counts)
1,2,3 4&5 6,7 8&1	SIDE, BACK, FORWARD, ¼ TURN SHUFFLE, STEP ¾ TURN, SIDE SHUFFLE Step right to the side, step left behind right, replace weight onto right, Side shuffle to the left turning ¼ turn left: L-R-L, Step right forward, turn ¾ turn left taking weight onto left, Side shuffle to the right: R-L-R. (12:00)	
2 &3&4 &5,6 7&8	HOLD, TOGETHER-POINT-TOGETHER-POINT-TOGETHER, ACROSS, BACK, ¼ SHUFFLE Hold, Step left together, point right toe to the side, step right together, point left to the side, Step left together, step right across in front of left, step left back, Turning ¼ turn right side shuffle to the right: R-L-R. (3:00)	
1,2 3&4 5,6 7&8	ACROSS, SIDE, BEHIND-SIDE-ACROSS, SIDE, ROCK, SAMBA STEP Step left across in front of right, step right to the side, Step left behind right, step right to the side, step left across in front of right, Step right to the side, side rock onto left, Samba: step right across in front of left, step left to the side, side rock onto right. (3:00)	
1,2 3&4 5&6 7&8	FORWARD, BACK, ½ TURN SHUFFLE, SIDE-ROCK-ACROSS, SIDE-ROCK-ACROSS Step left forward, rock back onto right, Turning ½ turn left shuffle forward: L-R-L, Step right to the side, side rock onto left, step right across in front of left, Step left to the side, side rock onto right, step left across in front of right. (9:00)	
1,2& 3&4 5,6& 7&8	FORWARD, LOCK-TOGETHER, STEP-LOCK-STEP, FORWARD, LOCK-TOGETHER, STEP-LOCK-STEP Step right forward at 45 degrees right, lock left behind right, step right together, (10:30) Turn ¼ turn left step left forward, lock right behind left, step left forward, (7:30) Turn ¼ turn right step right forward, lock left behind right, step right together, (10:30) Turn ¼ turn left step left forward, lock right behind left, step left forward. (7:30)	
1,2 3&4 5,6 7&8	FORWARD, BACK, ½ TURN SHUFFLE, ¼ TURN SIDE, ROCK, BEHIND-SIDE-ACROSS (squaring up to 9:00) step right forward, rock back onto left, Turning ½ turn right shuffle forward: R-L-R, Turning ¼ turn right step left to the side, side rock onto right, Step left behind right, step right to the side, step left across in front of right. (6:00)	
48	REPEAT	

