

## **Heave Away**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Absolute Beginner Level Dance. Choreographed by: Rob Fowler (ES) Sept 2022 Choreographed to: Heave Away by The Fables Intro: 8 Counts. Start at approx 8 secs.

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SEC 1	WALK FORWARD X3, KICK, WALK BACK X3, TOUCH
1-2	Walk forward R, walk forward L
3-4	Walk forward R, kick L forward
5-6	Step back L, step back R
7-8	Step back L, touch R next to L
Restart	Here on Wall 3
SEC 2	FWD, TOGETHER, FWD, BRUSH, FWD, TOGETHER, FWD, TOUCH
1-2	Step R forward to R diagonal, step L next to R
3-4	Step R forward to R diagonal, brush L forward
5-6	Step L forward to L diagonal, step R next to L
7-8	Step L forward to L diagonal, touch R next to L
SEC 3	BACK, TOUCH, BACK, TOUCH, HEEL TWISTS
1-2	Step R back to R diagonal, touch L next to R (and clap)
3-4	Step L back to L diagonal, touch R next to L (and clap)
5-6	Twist both heels R, Twist both heels L
7-8	Twist both heels R, Twist both heels to centre (weight on L)
SEC 4	SIDE, TOUCH, SIDE, TOUCH, ¾ TURN WALK AROUND
1-2	Step R to R side, touch L next to R
3-4	Step L to L side, touch R next to L
5-6-7-8	Make <sup>3</sup> / <sub>4</sub> turn R walking R, L, R, L (9:00)

