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ONE HEART

Song: One Heart By Celine Dion

Album: One Heart

Choreographed by Chris Watson "Dare 2 Dance, Tamworth" 0404170276

Beats Steps

1,2,3&4 Walk Forward R-L, Right Shuffle Forward R-L-R

5,6,7&8 Rock Forward L, Back onto R, 3/4 Triple Step Turn via L shoulder, Step L-R-L

1,2,3&4 Rock R to R side and back onto L, Step R behind L, L to L side and R across in front of L

5,6,7&8 Rock L to L side and back onto R, Step L behind R, R to R side and L across in front of R doing a 1/4 turn to the right (Now facing back wall)

5,6,7&8 Rock L foot forward, Right foot back, do a L coaster step

1,2&3&4 Rock forward onto R, Back onto L, Step R foot back and L heel forward, Step L foot back and R foot forward with weight onto R

5,6,7&8 Step L foot forward onto a 45 degree angle pushing hips forward L, Back R then Hips L,R,L

Restart in new direction (4 Walls)

Restarts: On wall 3 and 7

After beat 24 (coaster step) Restart dance!

Choreographers note: I Loved this song as soon as I heard it so I choreographed the dance straight away even if it was on the vomit bag on a plane to New Zealand, hope you enjoy it as much as I do!

Distributed by Dare 2 Dance
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