

# Pillows



**Song:** Painting Pillows (3.17mins)  
**Artist:** Lauren Alaina- EP  
**Choreographer:** Linda Burgess- Australia  
**Description:** 24 count, 4 Wall Beginner Waltz  
**Intro:** 24 counts.

**Beats**                      **Steps**  
**1-6**                            **BASIC WALTZ FWD, BASIC WALTZ BACK**  
1,2,3                          Step fwd L, step R beside L, step L in place  
4,5,6                          Step back R, step L beside R, step R in place  
  
**7-12**                         **L TWINKLE, R TWINKLE**  
1,2,3                          Cross/step L over R, step R to R, step L in place  
4,5,6                          Cross/step R over L, step L to L, step R in place  
  
**13-18**                        **FWD, SWEEP, FWD, SWEEP**  
1,2,3                          Step fwd L (1), sweep R around to front (2,3)  
4,5,6                          Step fwd R (4), sweep L around to front (5,6)  
  
**19-24**                        **TWINKLE ¼ L, BASIC WALTZ BACK**  
1,2,3                          Cross/step L over R, turn ¼ L & step R beside L, step L in place  
4,5,6                          Step back R, step L beside R, step R in place  
  
**Restart:**                    Wall 5 (facing 12:00). Dance counts 1-12 and restart 12.00

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**Rachael McEnaney has a beautiful Advanced Waltz to this song.  
I have choreographed this dance as a split floor for Beginners. ☺**