

RUNNIN' AROUND

Count: 64 **Wall:** 2 **Level:** Improver. **Choreographer:** Di McGrorey. Forster

Music: Runnin' Around by Sons of the Palomino. iTunes. 3m.20s Oct, 2017

Intro: 16 counts, Weight on Left. Version 2. email:cdmccgrorey@westnet.com.au

Step, Rock, Cross Strut, Side, Behind, Side, Cross

1,2,3,4 Step R to Side, Rock L to L Side, Cross Strut R Over L

5,6,7,8 Step L to Side, Step R Behind, L to Side, Cross Step R Over L

Step, Rock, Cross Strut, Side, Behind, Side Cross

1,2,3,4 Step L to Side, Rock R to R Side, Cross Strut L Over R

5,6,7,8 Step R to Side, Step L Behind, R to Side, Cross Step L Over R **## restart here**

1/4 Turn Monterey, Jazz Box 1/4 Turn

1,2,3,4 Touch R to Side, Turn 1/4 to R, Step on R, Touch L to Side, Step on L

5,6,7,8 Cross Step R Over L, Step Back on L, 1/4 Turn Step R to Side, Step L Together.

Side Shuffle, Back, Rock, Side Shuffle, Back, Rock

1&2,3,4 Side Shuffle R, Rock Back, Step Forward

5&6,7,8 Side Shuffle Rock L, Rock Back, Step Forward.

Forward, Lock, Shuffle Forward, Forward Lock, Shuffle Forward

1,2,3&4 Forward R, Lock L Behind, Shuffle Forward on R

5,6,7&8 Forward L, Lock R Behind, Shuffle Forward on L

Forward, Rock, 1/4 Right to Side, Cross, Side, Behind, Side, Cross

1,2,3,4 Rock Fwd R, Step Back L, Turn 1/4 R, Step R to Side, Cross Step L over R

5,6,7,8 Step R to Side, Step L behind R, Step R to Side, Cross Step L over R

Side, Rock, Cross Shuffle, 1/4 Back, Rock, Forward, Scuff

1,2,3&4 Rock R to Side, Step L to Side, Cross Shuffle R over L

5,6,7,8 Step Back on L Turning 1/4 R, Rock Forward R, Step L, Scuff R

Pivot 1/2, Step Forward, Hold, Roll Forward, Forward, Hold

1,2,3,4 Step Forward Right, Pivot 1/2 turn, Step Forward Right, Hold

5,6,7,8 Roll Forward Right, Stepping L, R, L, Hold

Walls 2,5&7 add a rocking chair after 32 counts (all at 12.00) **Wall 3**, restart after 16 counts.