

THIS IS ME

Choreographer: Joshua Talbot, JUNE 2018

Sheet written 22/06/18

Description: 32 count, 4 wall Improver

Music: This Is Me By Bouke

Album: This Is Me (Track Length 3.34min) -Available on iTunes

Video Available on [facebook.com/jbtalbotlinedancers](https://www.facebook.com/jbtalbotlinedancers)

www.jbtalbot.com

Youtube video on account "[helenng27](#)"

32 Count Introduction from the word "Hey", start on main Lyrics

1-8 SIDE SHUFFLE, ROCK BACK, RECOVER, PIVOT ½, PIVOT ½

1&2 Step R to R, step L together, step R to R

34 Rock L straight back, recover weight R

56 Step L fwd, ½ turn R taking weight R

78 Step L fwd, ½ turn R taking weight R

9-16 SIDE SHUFFLE, ROCK BACK, RECOVER, PIVOT ½, PIVOT ¼

1&2 Step L to L, step R together, step L to L

34 Rock R straight back, recover weight L

56 Step R fwd, ½ turn L taking weight L

78 Step R fwd, ¼ turn L taking weight L

17-24 CROSS WEAVE, HEEL, CROSS, ¼, SHUFFLE BACK

123 Cross R over L, step L to L, step R behind L (opening body to face 7.30)

4 Touch L heel in place (still crossed over R facing 7.30)

56 Step L over left, ¼ turn L step R back (straightening to 12.00)

7&8 Step L back, step R together, step L back

25-32 BACK ROCK, RECOVER, ¼ SIDE SHUFFLE, BEHIND, RECOVER, STEP, TOUCH

12 Rock R back, recover weight L

3&4 ¼ turn R step R to R, step L together, step R to R

56 Rock L behind R, recover weight R

78 Step L to L, touch R together

32 counts

Tag: End of wall 3 (facing 3 o'clock) and 14 (facing 6 o'clock) add the following 4 counts:

1234 Step R to R, touch L together, Step L to L, touch R together

Finish: Dance to count 32 facing the front then quickly run forward RLRL with the last beat of the music

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