

Throwback Love



Count: 56

Wall: 0

Level: Phrased Intermediate

Choreographer: Pim van Grootel, José miguel Belloque Vane, Raymond Sarlemijn, Jean-Pierre Madge – June 2017

Music: "Throwback Love" by Meghan Trainor



Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B
Starts after: 16 Counts (+/- 17 Sec. on Track)

PART A: 32 counts

A1: RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R

1 RF Step to right side
 & LF Close next to RF
 2 RF Step forward
 3 LF Step to left side
 & RF Close next to LF
 4 LF Step forward
 5 RF Step forward
 & LF Recover weight, 1/4 Turn right (3.00)
 6 RF 1/4 Turn right, stepping forward (6.00)
 7 LF 1/4 Turn right, stepping to left side (9.00)
 & RF Close next to LF
 8 LF 1/4 Turn right, stepping backwards (12.00)

A2: MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R

1 RF Step backwards
 & LF Recover weight
 2 RF Step forward on the heel
 & LF Step forward on the heel
 3 RF Close next to LF
 & LF Cross over RF
 4 Snap your fingers
 5 RF Touch to right side
 & RF Touch next to LF
 6 RF Touch to right side
 7 RF Cross behind LF
 & LF Small step to left side
 8 RF Step to right side

* RESTART POINT IN 2ND TIME PART A

A3: BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE

& LF Step next to RF
 1 RF Step to right side
 & Snap the fingers
 2 LF 1/4 Turn left, stepping forward (9.00)
 & Snap the fingers
 3 RF 1/4 Turn left, stepping to right side (6.00)
 & Snap the fingers
 4 LF Step to left side
 & Snap the fingers
 5 RF Cross over LF
 & LF Step backwards
 6 RF Step to right side
 & LF Step forward
 7 RF Step forward, Pushing the knee's to right
 & LF Step forward, Pushing the knee's to left
 8 RF Step forward, Pushing the knee's to right
 & LF Step forward, Pushing the knee's to left

A4: HEEL STEP, 1/4 TURN R, ROCK STEP - 2X, KICK, BEHIND, SIDE, CROSS - 2X

1 RF Heel forward
 & LF 1/4 Turn right, Recovering weight
 2 RF Step backwards
 & LF Recover weight
 3 RF Heel forward
 & LF 1/4 Turn right, Recovering weight
 4 RF Step backwards
 & LF Recover weight
 5 RF Kick diagonal right forward
 & RF Cross behind LF
 6 LF Step to left side
 & RF Cross over LF
 7 LF Kick to left side
 & LF Cross behind RF
 8 RF Step to right side
 & LF Cross over RF

Part B: 24 counts**B1: TOE, HEEL ,CROSS - 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X**

1 RF Touch next to LF
 & RF Touch heel to right side
 2 RF Cross over LF
 & LF Touch next to RF
 3 LF Touch heel to left side
 & LF Cross over RF
 4 RF Jump out to the right side
 5 LF Recover weight (While jumping into it)
 6 RF Recover weight (While jumping into it)
 7 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (9.00)
 & RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (6.00)
 8 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (3.00)
 & RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (12.00)

B2: ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X

1 LF Step backwards
 & RF Recover weight
 2 LF 1/2 Turn right, stepping backwards (6.00)
 & RF Hitch
 3 RF Step backwards
 & LF Hitch
 4 LF Step forward
 & RF Hitch, while making a 1/2 Turn left (12.00)
 5 RF Step backwards
 & LF Hitch, while making a 1/2 Turn left (6.00)
 6 LF Step forward
 & RF Hitch
 7 RF Step forward
 & LF 1/2 Turn left, stepping forward (12.00)
 8 RF Stomp
 & LF Stomp

B3: STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R

1 RF Step forward
 2 LF Kick forward
 3 LF Step backwards
 4 RF Touch backwards
 5 RF Cross over LF
 6 LF 1/4 Turn right, stepping backwards (3.00)
 7 RF 1/4 Turn right, stepping to right side (6.00)
 8 Lf Small step forward

* **Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).**