

# If Only

Song: If Only, by TEEKS

Album: The Grapefruit Skies EP, available on iTunes (3:25)

Choreographers: Adrian Lefebour, John Bishop and Stephen Paterson  
Victoria, Australia, 1/2018

Step Description: 32 count, 4 wall intermediate rolling count line dance  
68 BPM, Start dance after 16 counts  
There is one easy restart on wall 3



Beats	Steps	
<b>1-8</b>	<b>Side, Behind, Quarter Forward, Step, Half Pivot, Left, Lock, Left Sweep Across, Side, Behind, Rock Side, Recover, Together</b>	
1 2 a	Big step right out to side, step left behind right, turn 1/4 right then step right forward (a)	3.00
3 a	Step left forward, pivot 1/2 right taking weight onto right in place (a)	9.00
4 a 5	Step left forward, lock right up in behind (a), step left forward sweeping right	
6 a 7	Step right across left, step left out to side (a), step right behind left,	
a 8 a	Rock step left out to side (a), recover weight onto right in place, step left beside right (a)	9.00
<b>9-16</b>	<b>Rock Side, Recover, Three Quarter Together, Rock Forward, recover, Half Forward Walk, Walk, Walk, Across, Side, Behind</b>	
1 2 a	Rock step right out to side, recover weight onto left in place, turn 3/4 right stepping right beside left (a)	6.00
3 4 a	Rock step left forward, recover weight back onto right in place, turn 1/2 left then step left forward (a)	12.00
5 6 7	Step right forward slightly across, step left forward slightly across, step right forward slightly across	
8 & a **	Step left across right, step right out to side (&), step left behind right (a) **	12.00
<b>17-24</b>	<b>Right Nightclub Basic, Side, Behind, Quarter Forward, Half Back, Sweep Behind, Side, Cross Rock, Recover, Quarter Forward</b>	
1 2 a	Step right out to side, rock step left slightly behind right, recover weight onto right in place (a)	12.00
3 4 a	Step left out to side, step right behind left, turn 1/4 left then step left forward (a)	9.00
5 6 a	Turn 1/2 left then step right back sweeping left around, step left behind right, step right out to side (a)	3.00
7 8 a	Rock step left across right, recover weight onto right in place, turn 1/4 left then step left forward (a)	12.00
<b>25-32</b>	<b>Forward, Step, Half Pivot, Forward, Three Quarter Turn, Cross and Click, Step and Sway, Recover, Behind, Side Cross</b>	
1 2 a	Step right forward, step left forward, pivot 1/2 right taking weight onto right in place (a),	6.00
3 4 a	Step left forward, turn 1/2 left then step right back, turn 1/4 left then step left out to side (a)	9.00
5	Step right across left whilst clicking fingers on both hands out to side at waist height	
6 7	Step left out to side swaying hips left, recover weight onto right in place swaying hips right	
8 & a	Step left behind right, step right out to side (&), step left across right (a)	9.00

**RESTART: On wall 3 (starts facing 6 o'clock) dance up to count 16&a\*\* then restart to 6 o'clock wall**

**ENDING: On last wall you will dance up to count 30 (sway left), you'll be facing the back at this point, then recover your weight onto right in place, hinge turn 1/2 left whilst hitching left slightly, big step left out to side, drag the right slowly toward the left.**

*This is an original dance sheet, feel free to copy without change for distribution*