

# MAMMA MARIA

**Count:** 32    **Wall:** 4    **Level:** Ultra Beginner

**Choreographer:** Frank Trace

**Music:** Mamma Maria by Ricchi E Poveri (136 bpm) (Italian) or "Mamma Maria" by The Countdown (1

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**Start dance 16 counts in on vocal.**

**Note: There are many recordings of this song, all will work.**

**Alt. Music:**

**“High Lonesome Sound” by Vince Gill (96 bpm) (Country)**

**“Poker Face” by Lady Gaga (120 bpm) (Pop)**

**\* When using Poker Face, start dance 32 counts in on heavy beat.**

## **WALK FORWARD DIAGONALLY RIGHT, KICK, WALK BACK DIAGONALLY LEFT, TOUCH**

- 1-4            Walk forward right diagonal stepping R, L, R, kick L forward (1:30)  
5-8            Walk back left diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)

## **WALK FORWARD DIAGONALLY LEFT, KICK, WALK BACK DIAGONALLY RIGHT, TOUCH**

- 1-4            Walk forward left diagonal stepping R, L, R, kick L forward (10:30)  
5-8            Walk back right diagonal stepping L, R, L, touch R next to L as you square up with front wall (12:00)

## **TWO CHARLESTON STEPS**

- 1-4            Step R forward, kick L forward, step L back, touch R back  
5-8            Step R forward, kick L forward, step L back, touch R back

## **VINE RIGHT, TOUCH, VINE LEFT 1/4 TURN LEFT, TOUCH**

- 1-4            Step R to right side, step L behind R, step R to right side, touch L next to R  
5-8            Step L to left side, step R behind L, turning 1/4 left step on L, touch R next to L (9:00)

**REPEAT**

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