

# STANDING ON A ROCK

Count: 64      Wall: 4      Level:

Choreographer: Dianne Joseph

Music: **Standing On A Rock** by Rodney Crowell



## RIGHT HEEL FAN, LEFT HEEL FAN, TWIST RIGHT, CENTER, LEFT, CENTER

1-4                      Fan right heel right, center, fan left heel left, center

5-8                      Twist both heels right, center, left, center

## RIGHT JUMP, TOUCH, CLAP TWICE, LEFT JUMP, TOUCH, CLAP TWICE

9-12                     Jump forward landing on right foot, touch left foot to right foot, clap twice

13-16                    Jump forward landing on left foot, touch right foot to left foot, clap twice

## RIGHT BACK, STOMP, LEFT BACK, TOUCH

17-18                    Step back right foot, stomp left foot alongside right foot (no weight)

19-20                    Step back left foot, touch right foot to left foot

## 3 SIDE TRAVELING TOE STRUTS, TOE, HEEL DROP, LEFT VINE, BRUSH

21-22                    Touch right toe to right, transfer weight to right foot stomping right heel down

23-24                    Touch left toe alongside right foot, transfer weight to left foot stomping left heel down

25-27                    Repeat counts 21-23

28                        Drop left heel down but do not transfer weight to left foot

29-32                    Left vine left foot, right foot, left foot, brush right foot past left foot

## 4 FORWARD HEEL STRUTS, KICK TWICE, CLOSE, TURN ½ LEFT & FORWARD

33-40                    Traveling forward heel strut right foot, left foot, right foot, left foot

41-42                    Kick right foot forward twice

43-44                    Close right foot to left foot, turning ½ left step left foot forward

## 4 FORWARD TOE STRUTS, KICK TWICE, CLOSE, TURN ¼ LEFT & CLOSE

45-52                    Traveling forward toe strut right foot, left foot, right foot, left foot

53-55                    Repeat counts 41-43

56                        Turning ¼ left close left foot to right foot

## RIGHT HEEL, SLAP, HEEL, CLOSE, LEFT HEEL, SLAP, HEEL, CLOSE

57-58                    Touch right heel forward, lift right foot off the floor and slap outside of right foot with right hand

59-60                    Touch right heel forward, close right foot to left foot

61-62                    Touch left heel forward, lift left foot off the floor and slap outside of left foot with left hand

63-64                    Touch left heel forward, close left foot to right foot

**REPEAT**